



**A message from Dr. Aaron Smith, Co-Medical Executive Director, Northern Zone and Karen Pyra, Director, Primary Health Care, Northern Zone**

Good day,

Nova Scotia Health Authority has established two new clinics in Truro and New Glasgow for people who do not have a family doctor or nurse practitioner. The clinics will be operational April 6 through June 30, 2020, as a temporary measure to provide care for people who do not have a primary care provider during the pandemic.

The clinics are specifically for people on the Need a Family Practice Registry. Anyone who is currently without a primary care provider can add their name to the list online at <https://needafamilypractice.nshealth.ca/>.

The majority of the appointments will be by phone; there may also be video appointments. This is in keeping with the direction of physical distancing. The family doctors and nurse practitioners will determine if a patient needs to be seen in-person.

The clinics will provide same day or next day primary medical care for illness, injury, or more urgent health condition that requires prompt treatment, such as:

- Nausea, vomiting, or diarrhea
- Back, joint, or muscle aches and pains
- Earaches
- Mild headaches
- Eye irritation and infections
- Urinary problems
- Asthma (mild to moderate)
- Bites and stings
- Rashes, hives, and mild allergic reactions
- Cuts, scrapes, bruises, and other minor wounds
- Other minor conditions or minor injuries

**People with flu-like symptoms (fever/sore throat) or a new or worsening cough should complete the COVID-19 self-screen available at <https://811.novascotia.ca/> and then call 811 for advice, rather than make an appointment at one of these clinics.**

All appointments at the primary care access clinics for unattached people must be arranged by phone.

**People who do not have a primary care provider and who are on the registry should call:**

- New Glasgow (serving Pictou County): 902-752-8643 Monday – Friday, 9 am – 12 pm  
***Please note that this telephone number will be live by 9 am on Monday, April 6***
- Truro (serving Colchester and East Hants): 902-899-2273 Monday – Friday, 9 am – 12 pm

This [webpage](#) also includes contact information.